

# Annexes

## 1. You and your bicycle

Make sure that you feel confident of your ability to ride safely on the road. Be sure that

- you choose the right size and type of cycle for comfort and safety
- lights and reflectors are kept clean and in good working order
- tyres are in good condition and inflated to the pressure shown on the tyre
- gears are working correctly
- the chain is properly adjusted and oiled
- the saddle and handlebars are adjusted to the correct height.

You **MUST**

- ensure your brakes are efficient
- ensure a working bell or horn is fitted
- at night, use lit front and rear lights and have a red rear reflector.

Laws RV(T)R reg 7 & RVLR reg 21

**Cycle training** can help both children and adults, especially those adults returning to cycling to develop the skills needed to cycle safely on today's roads.

All cyclists should consider the benefits of undertaking cycle training. For information, contact your local Department of the Environment Road Safety Education Office.

## 2. Motorcycle licence requirements

**If you have a provisional motorcycle licence** or a full car licence you may ride motorcycles up to 125cc and 11kW power output, with L plates on public roads. To obtain your full motorcycle licence you **MUST** pass a motorcycle theory test and then a practical test.

**If you have a full moped licence** and wish to obtain full motorcycle entitlement you will be required to take a motorcycle